



ANNUAL REPORT

July 1, 2023 – June 30, 2024

WHO WE ARE

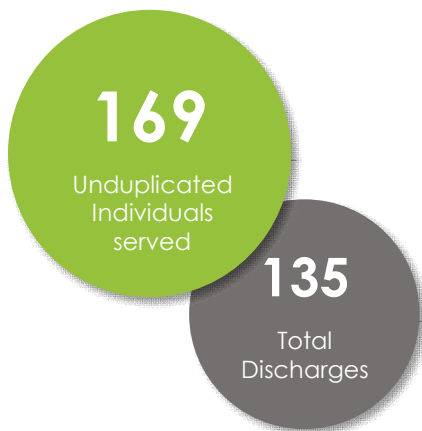
Therapeutic Behavioral Services (TBS) is an adjunct service designed to provide intensive behavioral support to youth exhibiting behaviors which are placing them at risk. The TBS specialist works in collaboration with youth, family, community partners and Kaiser treatment team to develop a behavioral plan designed to reduce risk and increase safety. Services will occur where the behaviors of concern occur including the home, school and community and are offered at the times the behaviors occur, including mornings, evenings and weekends. Typical successful services are two (2) to four (4) times a week, for up to four (4) months.

WHAT WE OFFER

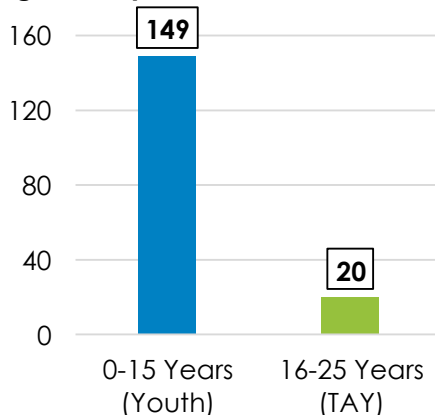
We provide services that empower youth and their families to utilize their strengths and abilities.

- Caregiver assistance
- Emotional support
- Modeling and coaching
- Skill teaching
- Behavior plans
- Direct intervention
- Collaboration with family, treatment team, and school
- Resource access

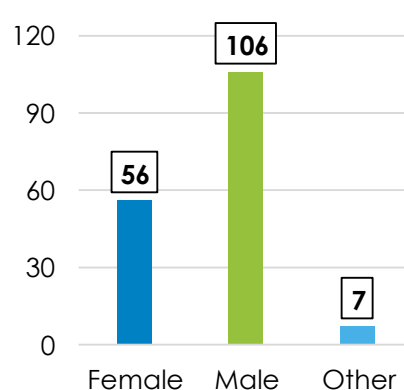
CENSUS & DEMOGRAPHICS



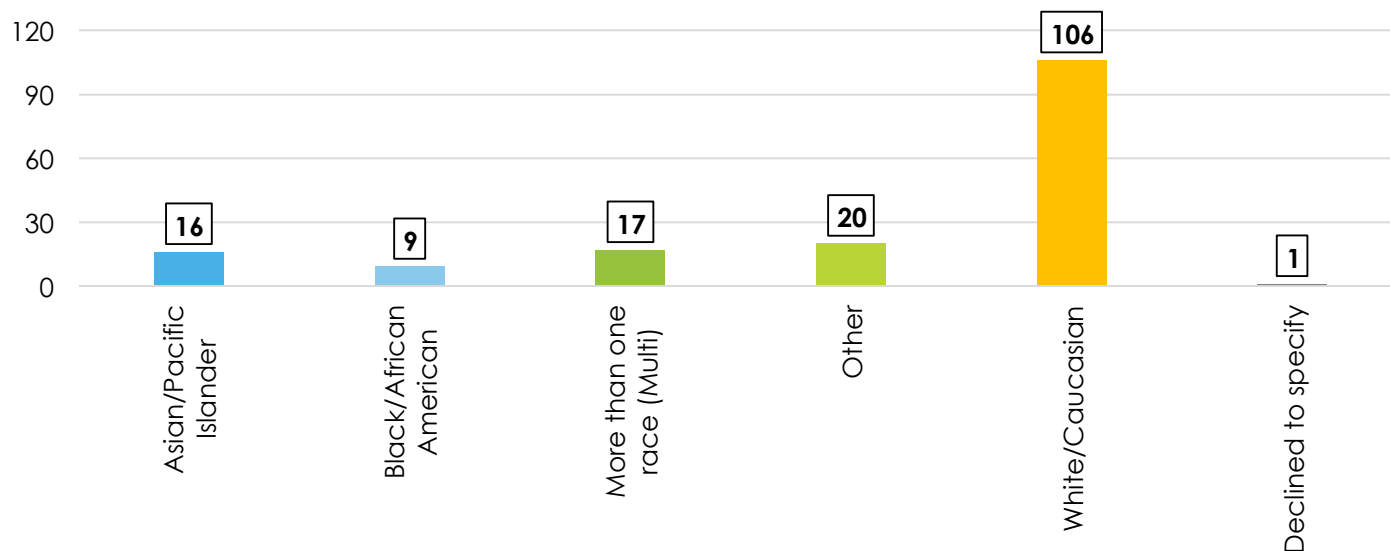
Age Group



Gender

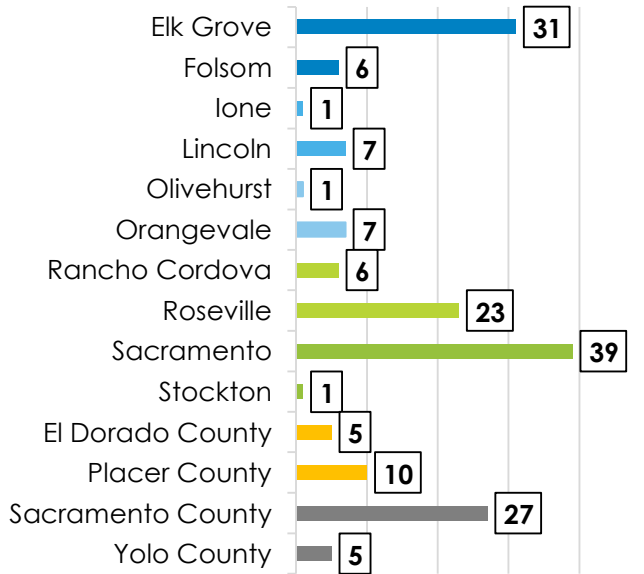


Race

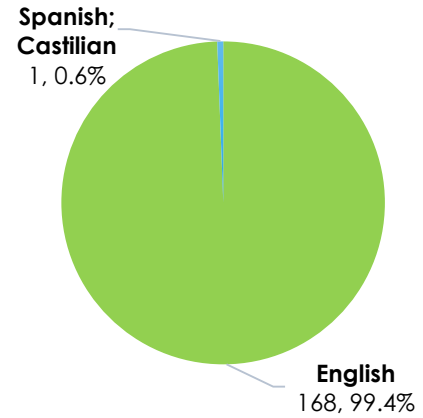


DEMOGRAPHICS (continued)

City of Residence



Primary Language



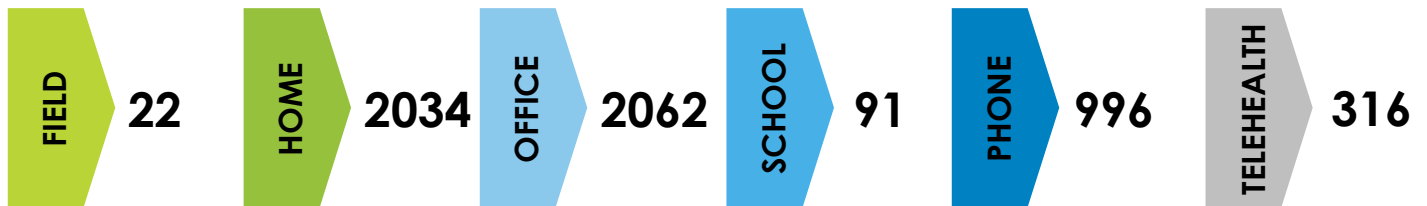
"They helped me understand what I need"

-Kaiser TBS Client

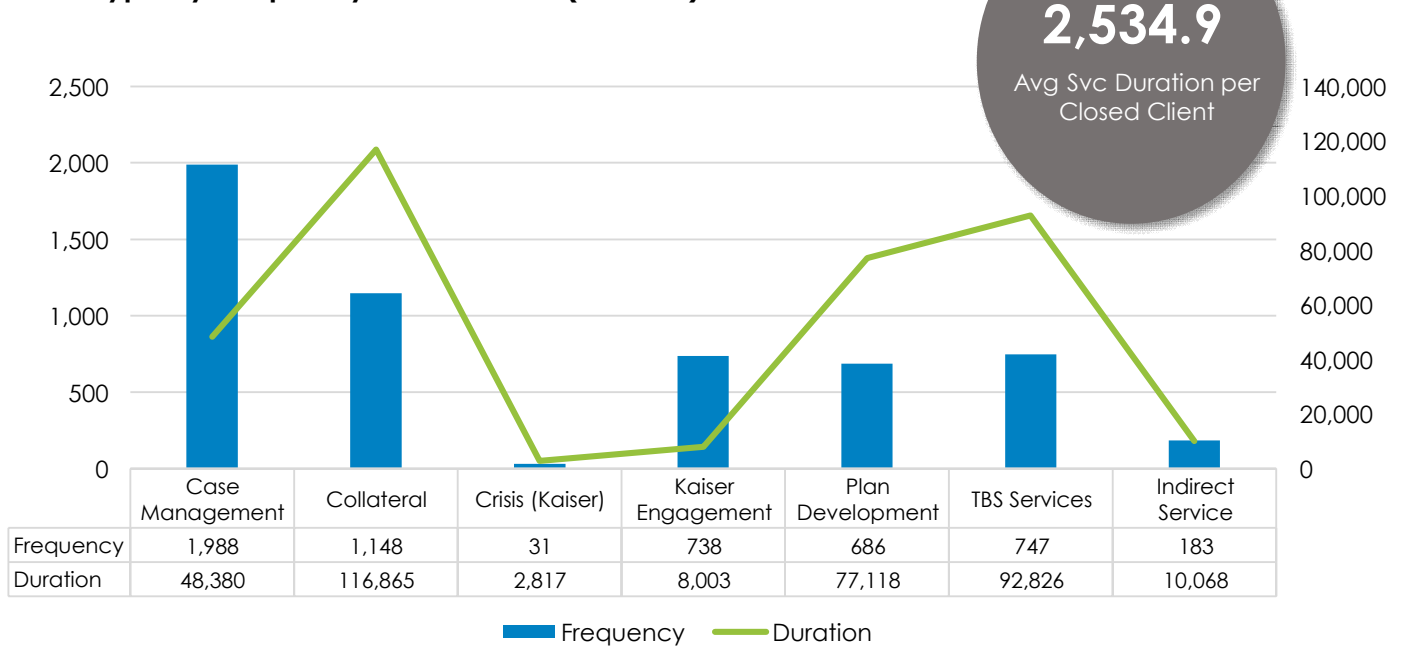
The 10 cities with the most clients are displayed, with the remaining 15 cities grouped by County.

SERVICES

Service Location



Service Type by Frequency and Duration (minutes)



TOM-T

Due to no measure being in existence that effectively assessed the unique population served through TBS; the TOM-T was developed through the original Turning Point Community Programs' TBS program located in Sacramento. The tool is given both at intake and discharge to youth as well as caregivers served through the TBS portion of the program whenever possible.

Three items in the youth version and four in the caregiver are measured as a pre/post comparison between intake and discharge. Participants answer the following items using a 5-point Likert scale (Strongly Agree to Strongly Disagree):

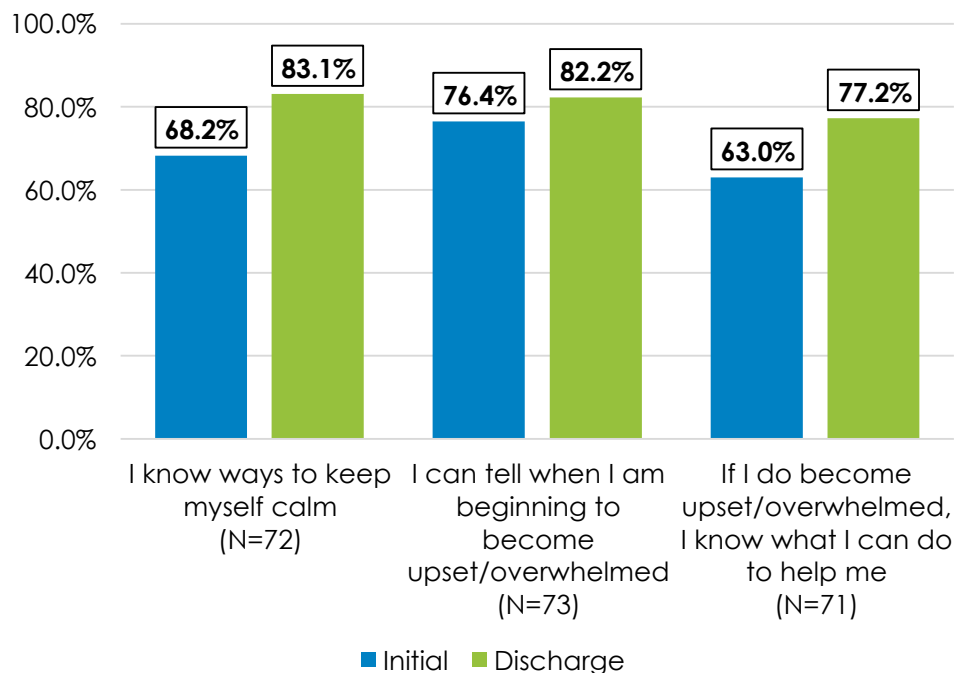
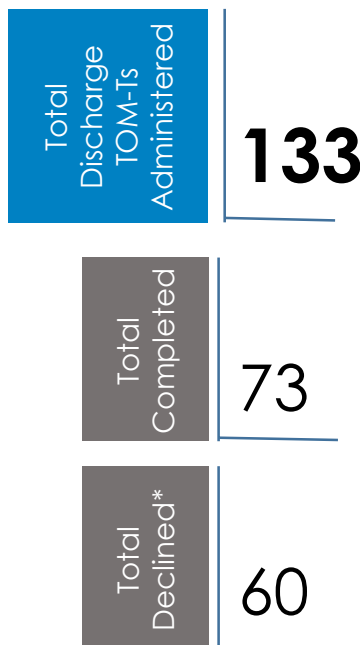
Youth Intake
I know ways to keep myself calm
I can tell when I am beginning to become upset/overwhelmed
If I do become upset/overwhelmed, I know what I can do to help myself

Caregiver Intake
I feel confident that youth will be able to continue living with me
I know what to do to keep behaviors from happening
I can identify triggers to my child's behaviors
I know how to respond to behaviors if they occur

The remaining 5 items in the youth and caregiver TOM-T given at discharge are statements regarding satisfaction with services and outcomes and are presented in the Client Satisfaction section of this report.

In order to complete a pre/post analysis of the TOM-T data, **the following outcomes are out of the total discharged clients within the reporting period who had both an intake and discharge client/caregiver TOM-T assessment completed.** Additionally, due to some clients being admitted and discharged multiple times within the reporting period, and because the outcomes can change with each episode of service, each TOM-T in which both the intake and discharge were completed have been included in the following analysis. The total number of TOM-Ts completed may vary from the number of responses to individual question if a particular question was not completed by the Caregiver or Youth on both the intake and discharge TOM-T assessments.

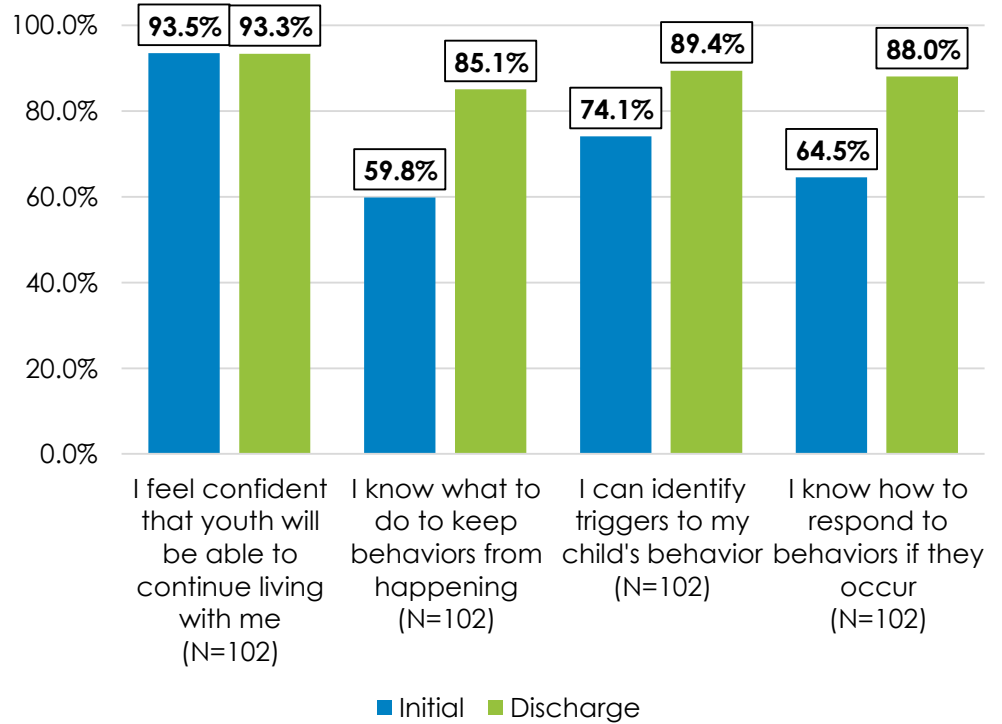
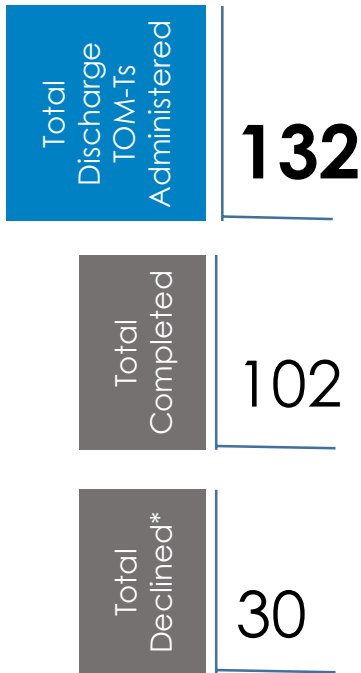
Youth Outcomes



*Declined includes declined to participate, unavailable, or clients considered too young for participation

TOM-T (continued)

Caregiver Outcomes

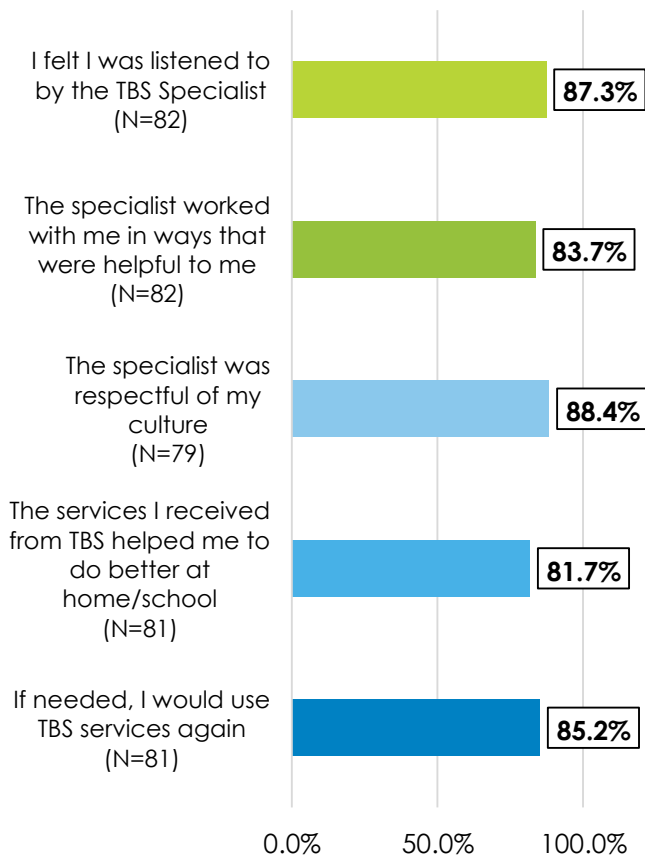


*Declined includes declined to participate and those unavailable to participate.

CLIENT SATISFACTION

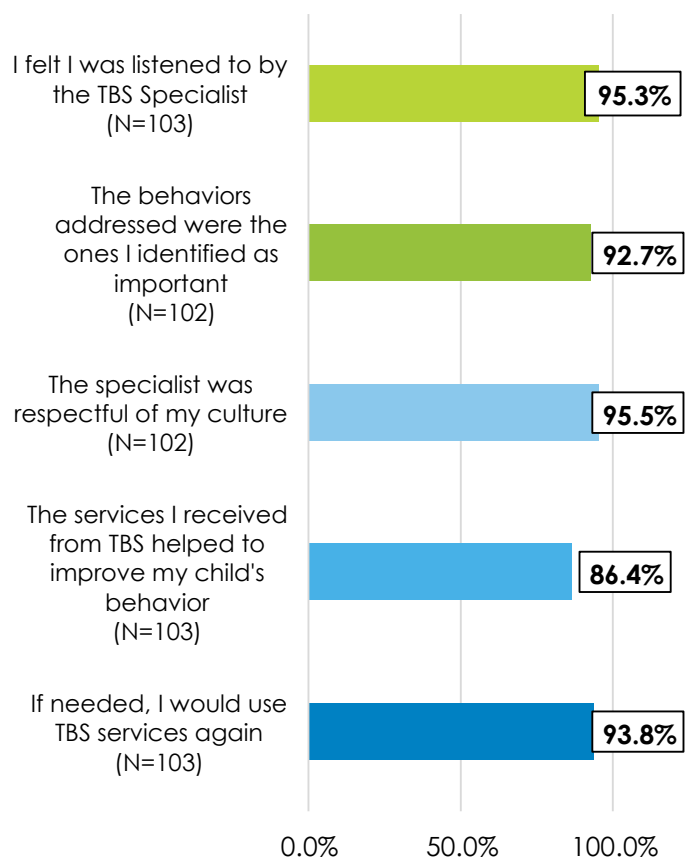
Youth Satisfaction

Overall Satisfaction Rate **85.2%**



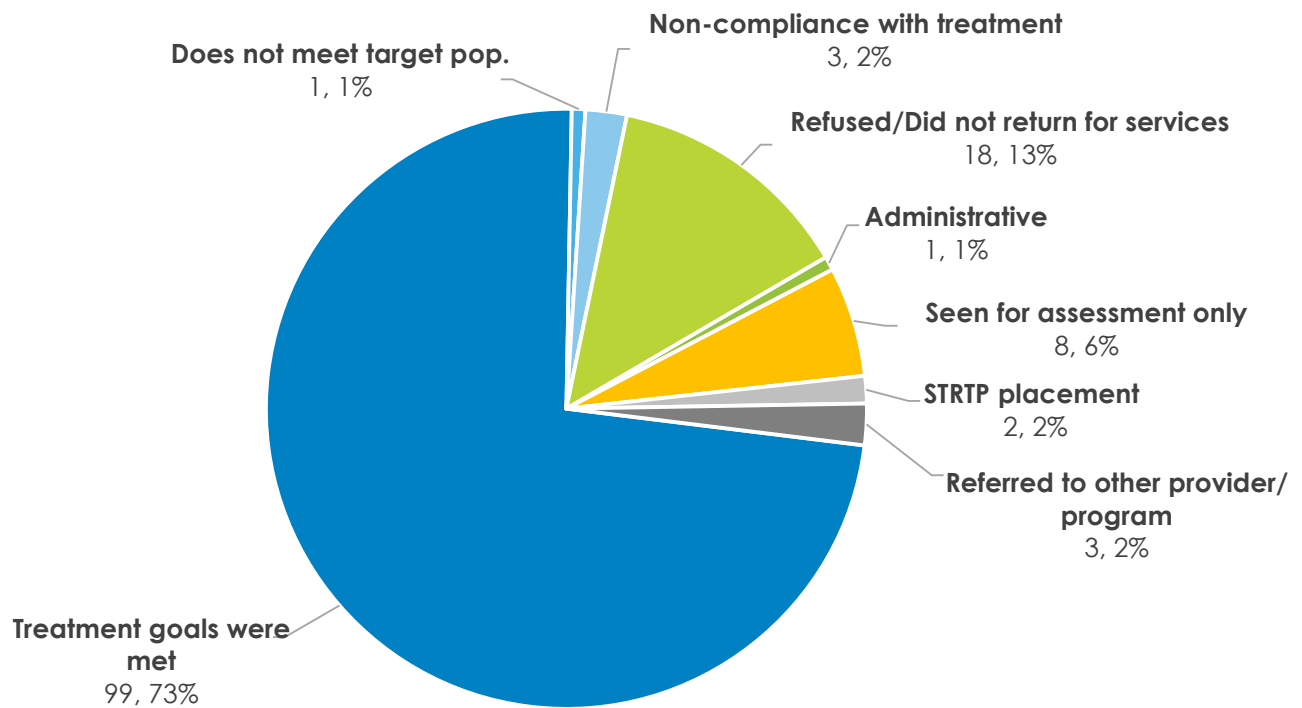
Caregiver Satisfaction

Overall Satisfaction Rate **92.7%**



DISCHARGES

Discharge Reason



Length of Service Tenure

Average Length of Service (days)	77.7
Minimum Length of Service (days)	2
Maximum Length of Service (days)	142

"[Specialist] helped me get through some of my issues."

-Kaiser TBS Client

"TBS helped us reach a diagnosis for our child by supporting us in navigating the medical systems as a team/collaborative setting. [Specialist] was just what we need in such a stressful time in our lives."

-Kaiser TBS Client Caregiver

This report was developed and distributed by
Turning Point Community Program's
Outcomes & Evaluation Department



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