



Flexible Integrated Treatment (FIT) ANNUAL OUTCOMES REPORT

July 2023 – June 2024

WHAT WE DO

FLEXIBLE INTEGRATED TREATMENT (FIT) works with youth who are experiencing emotional and behavioral difficulties. The therapist/treatment team members partner with youth and their families in addressing their stated needs utilizing both a family-focused, strengths—based approach. Our services incorporate specific, evidence-based practices as treatment modalities.

SERVICES PROVIDED



Individual, family and group therapy, psychiatric supports



Crisis Intervention, after-hours crisis support, 24/7 availability

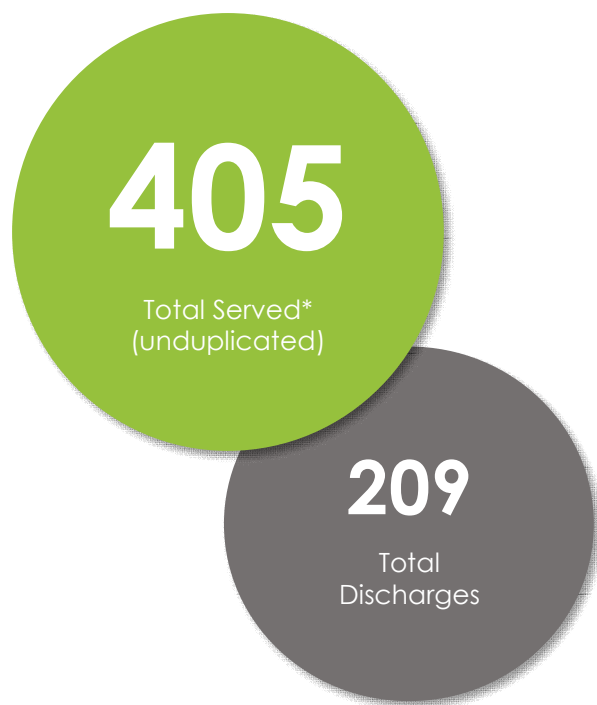


In-home, school and community support, skills training



Advocacy, case management, rehabilitation and collateral services

CENSUS & REFERRALS



New Referrals (Duplicated)	366
# of Referrals Never Opened	64
<i>Closed within 60 days</i>	11
# of Referrals Enrolled	273
<i>Less than 60 days from referral</i>	206
# of Referrals Active	29
<i>Less than 60 days from referral</i>	24

Clients Served* (Duplicated)	411
# Carry-over	238
# First-Time Enrollment	167
# Return Admissions	6

*Youth are considered served when they are enrolled and remain enrolled for at least 60 days after intake. The remainder of the report includes those who met this requirement.

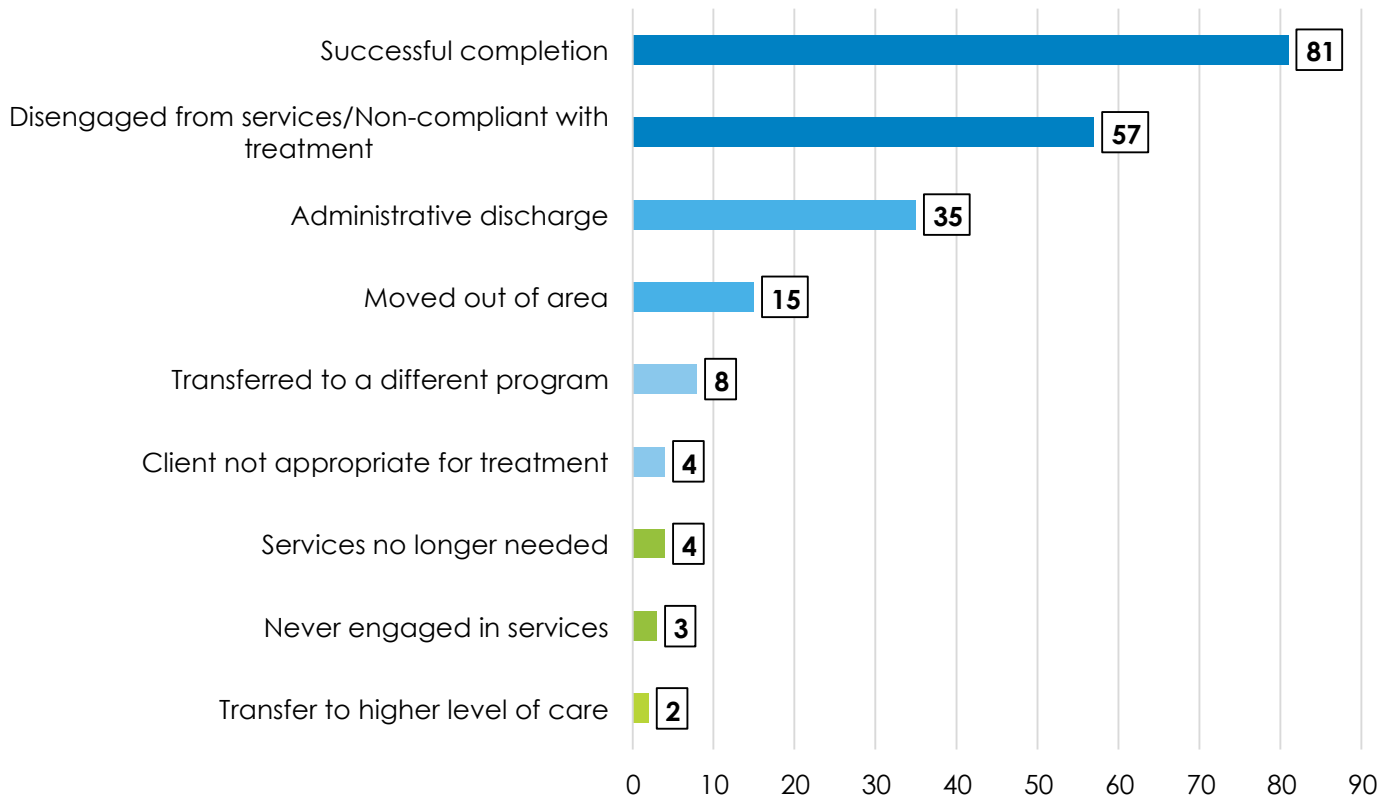
DEMOGRAPHICS

	#
Age Group	
0 – 15 years (Child/Youth)	263
16 – 25 years (TAY)	142
Gender	
Female	220
Male	174
Non-Binary	3
Other	2
Transgender	6
Primary Language	
Arabic	1
Cantonese	4
English	360
Farsi	3
Spanish	37

	#
Race	
American Indian/Native Alaskan	6
Asian/Pacific Islander	29
Black/African-American	91
Multi-Racial	61
Other Race	108
White/Caucasian	107
Unknown	3
Ethnicity	
Hispanic/Latino	178
Not Hispanic	215
Unknown	12

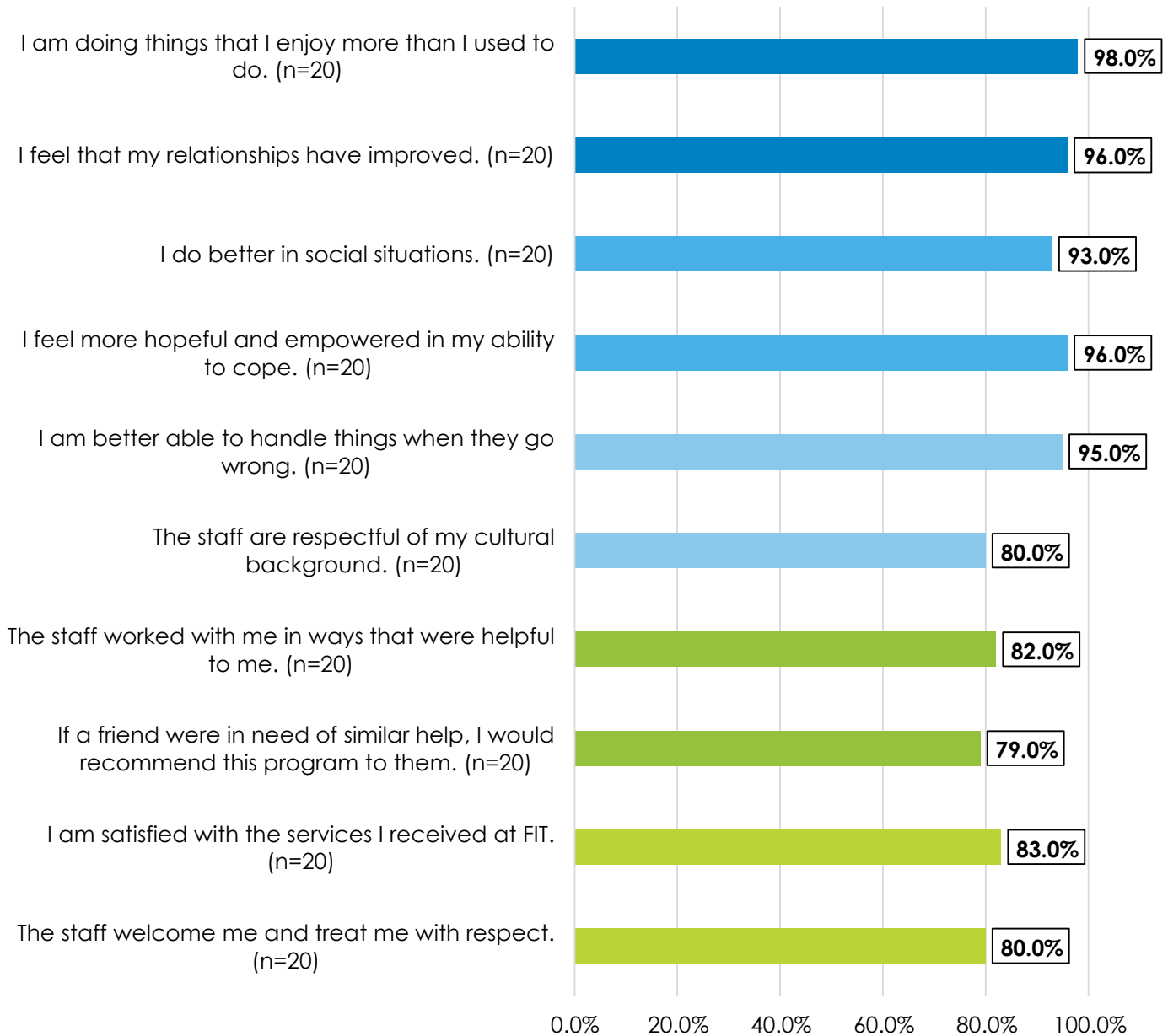
DISCHARGES

Between July 1, 2023 and June 30, 2024, a total of 209 discharges occurred for those who were served 60 days or longer. 114 (54.5%) were for neutral reasons (e.g. moved out area, declined services.) Of the remaining 95 discharges, 85 (89.5%) were for successful (e.g. completed treatment goals, no longer required services.)



CLIENT SATISFACTION SURVEY - YOUTH

Client Satisfaction Surveys were revised mid-year were offered for a portion of the year. The responses represent surveys offered between March 2024 and June 2024. Both youth and caregivers were offered surveys.

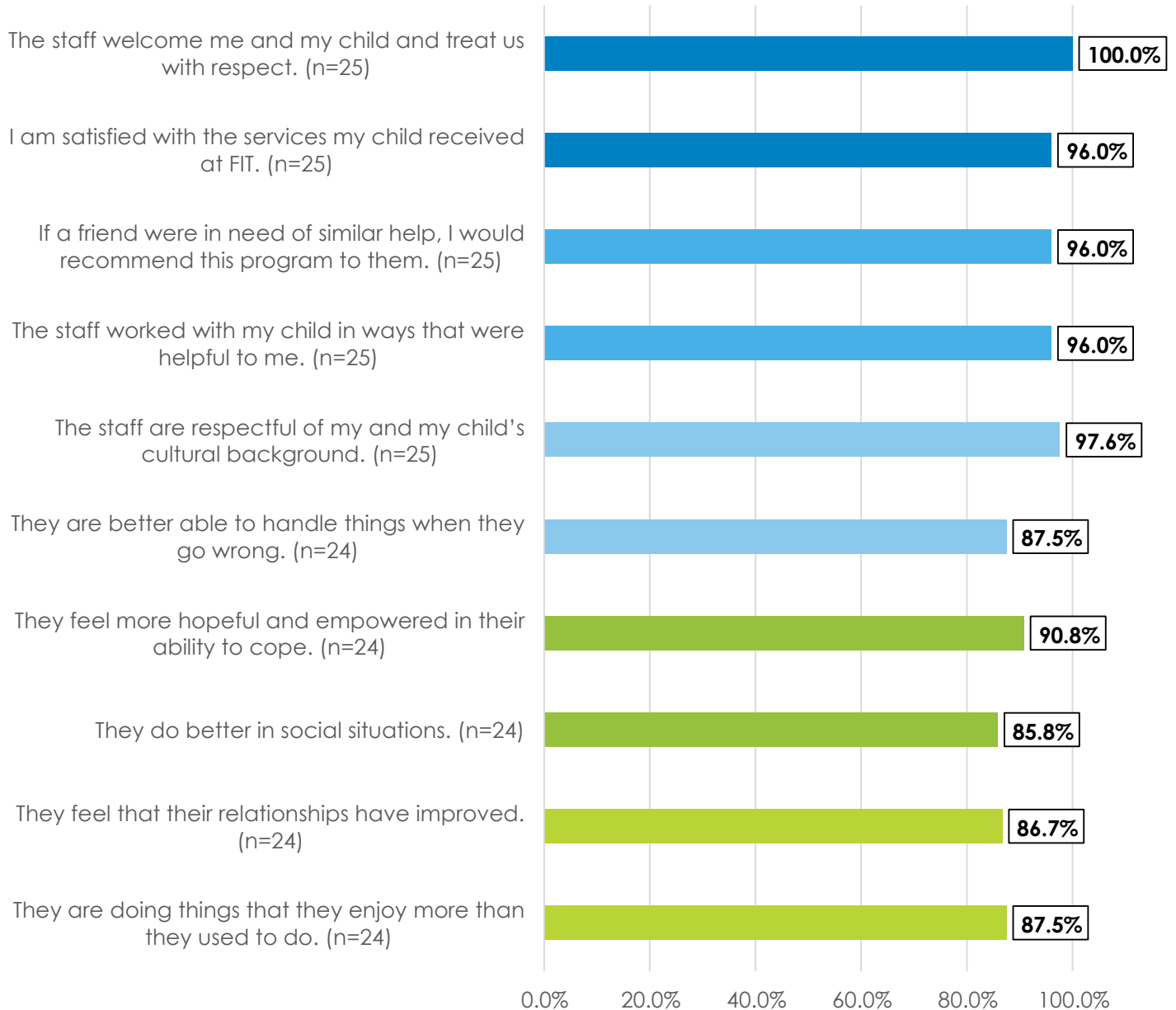


Overall Satisfaction Rate

88.2%

CLIENT SATISFACTION SURVEY - CAREGIVER

Client Satisfaction Surveys were revised mid-year were offered for a portion of the year. The responses represent surveys offered between March 2024 and June 2024. Both youth and caregivers were offered surveys.



Overall Satisfaction Rate

92.5%

This report was developed and distributed by
Turning Point Community Program's
Outcomes & Evaluation Department



A: 10850 Gold Center Drive, Suite 325, Rancho Cordova, CA 95670 P: (916) 364-8395 www.TPCP.org

 /TurningPointCP  @TurningPointCP