



Community Outreach Recovery Empowerment (CORE) Elk Grove **ANNUAL OUTCOMES REPORT**

July 2023 – June 2024

WHAT WE DO

Community Outreach Recovery Empowerment (CORE) address the needs of adults, 18 years and older, living with serious mental illness who may be at risk of or experiencing psychiatric hospitalization or homelessness, struggling with a co-occurring substance use disorder, or engaged in the criminal justice system.

CORE is committed to providing easy access to services by engaging individuals in their communities, reaching out to individuals as they are being discharged or released from other services or systems, and offering services outside standard business hours, including 24 hour, 7 day a week on-call support.

The CORE program consists of two components:

1. An outpatient mental health clinic
2. A peer run Community Wellness Center

Community Wellness Center (CWC) is a Peer run center that provides access to community resources, groups and wellness activities to the surrounding community and is available to any community member age 18 and older. The activities of the CWC's are informed by the communities they serve. The CWC offers an entry point to more formal services for community members who qualify for those services.

CORE Outpatient Program provides community-based, flexible, recovery-oriented, strength based behavioral health services and housing supports that are trauma and culturally informed.

OUR SERVICES INCLUDE:



Care and medication management



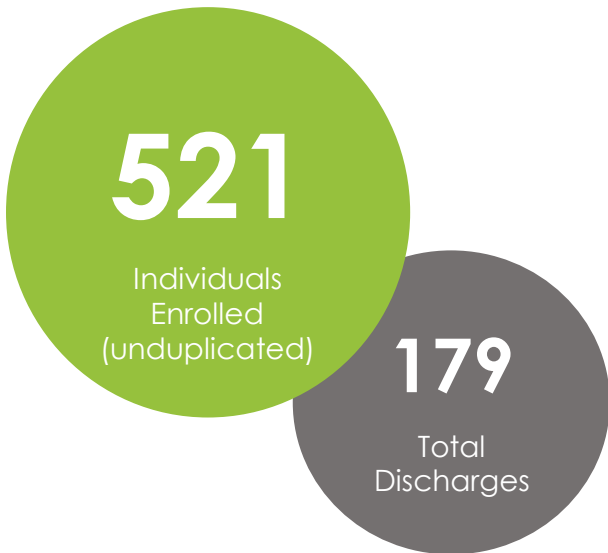
Group and individual therapy



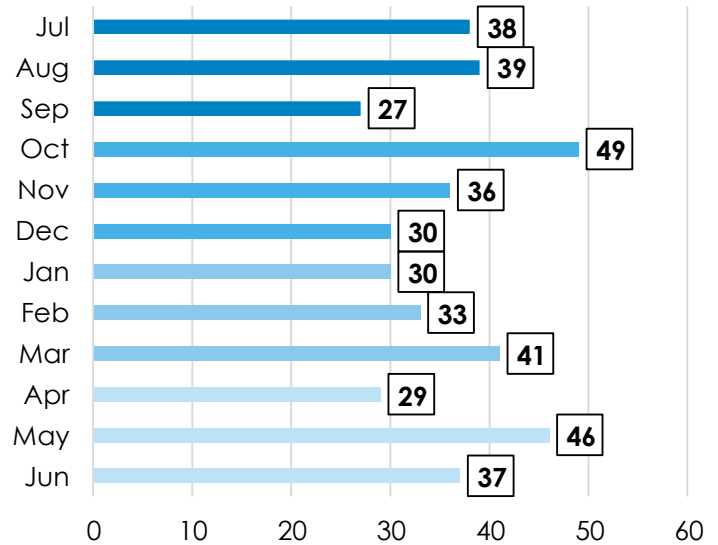
Connection to community resources and Wellness Center

COMMUNITY WELLNESS CENTER

CENSUS



Intakes by Month



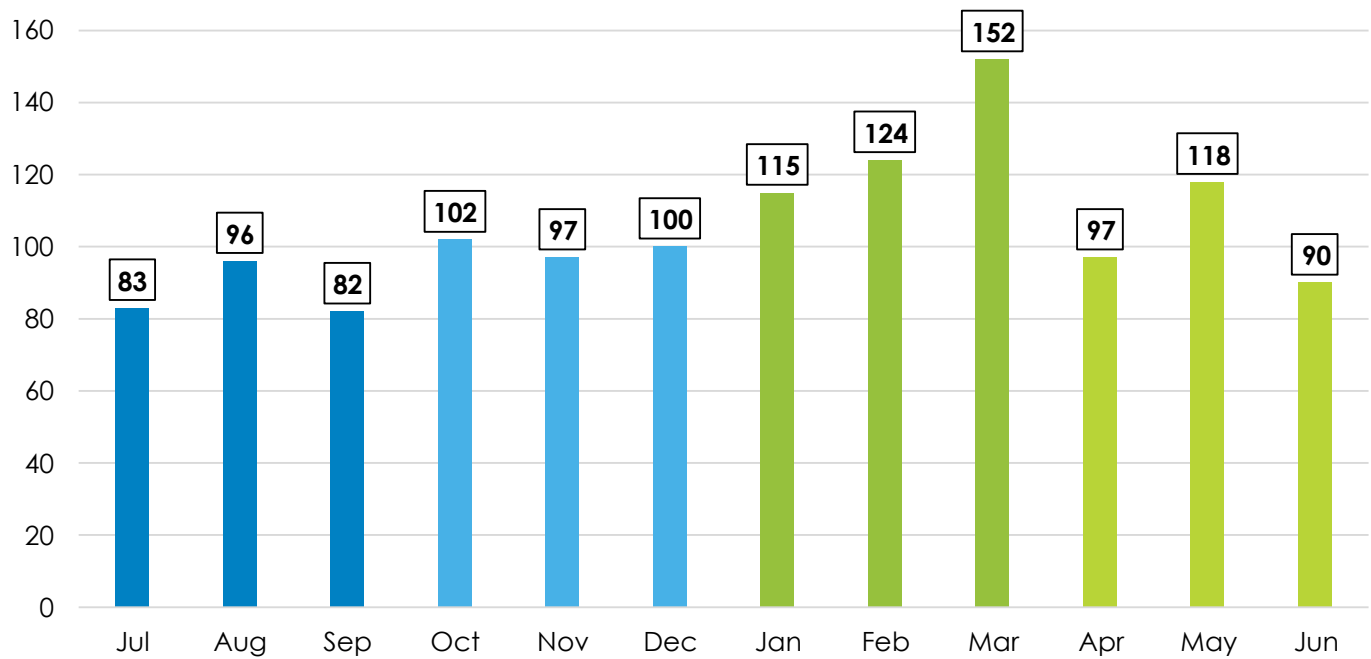
DEMOGRAPHICS

	#
Age Group	
18 – 25 years (TAY)	64
26 – 59 (Adult)	385
60+ (Older Adult)	72
Gender	
Female	123
Male	173
Non-Binary	6
Transgender	4
Unknown/Declined	33
Data Not Available	182
Race	
American Indian/Native Alaskan	8
Asian/Pacific Islander	49
Black/African-American	96
Multi-Racial	37
Other Race	45
White/Caucasian	136
Unknown/Declined	80
Data Not Available	70

	#
Ethnicity	
Hispanic	75
Not Hispanic	295
Unknown/Declined	82
Data Not Available	69
Language	
American Sign Language (ASL)	3
Cantonese	1
English	409
Farsi	1
Korean	1
Other Chinese Dialects	1
Other Non-English	1
Portuguese	1
Spanish	5
Tagalog	1
Vietnamese	3
Unknown/Declined	31
Data Not Available	63

SERVICES

Individuals with a Service Each Month



Services by Type

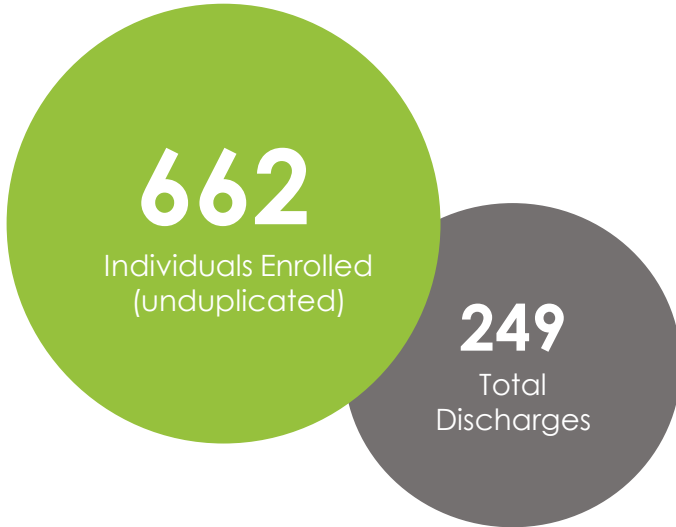
480 individuals received at least one service during the period. A total of 5,632 services were provided. The table below highlights the types of services provided throughout the year.

Service Type	# of Clients	# of Services
Alcohol and/or Drug	2	2
Benefits Support	15	21
Community Linkages	375	400
Crisis	7	10
Education/Employment	43	181
Family Support	2	4
Group Activities	106	500
Housing Activities	3	3
Other Client Services and Supports	468	4,500
Physical/Medical Care	7	11

CORE OUPATIENT PROGRAM

CENSUS

Client Served

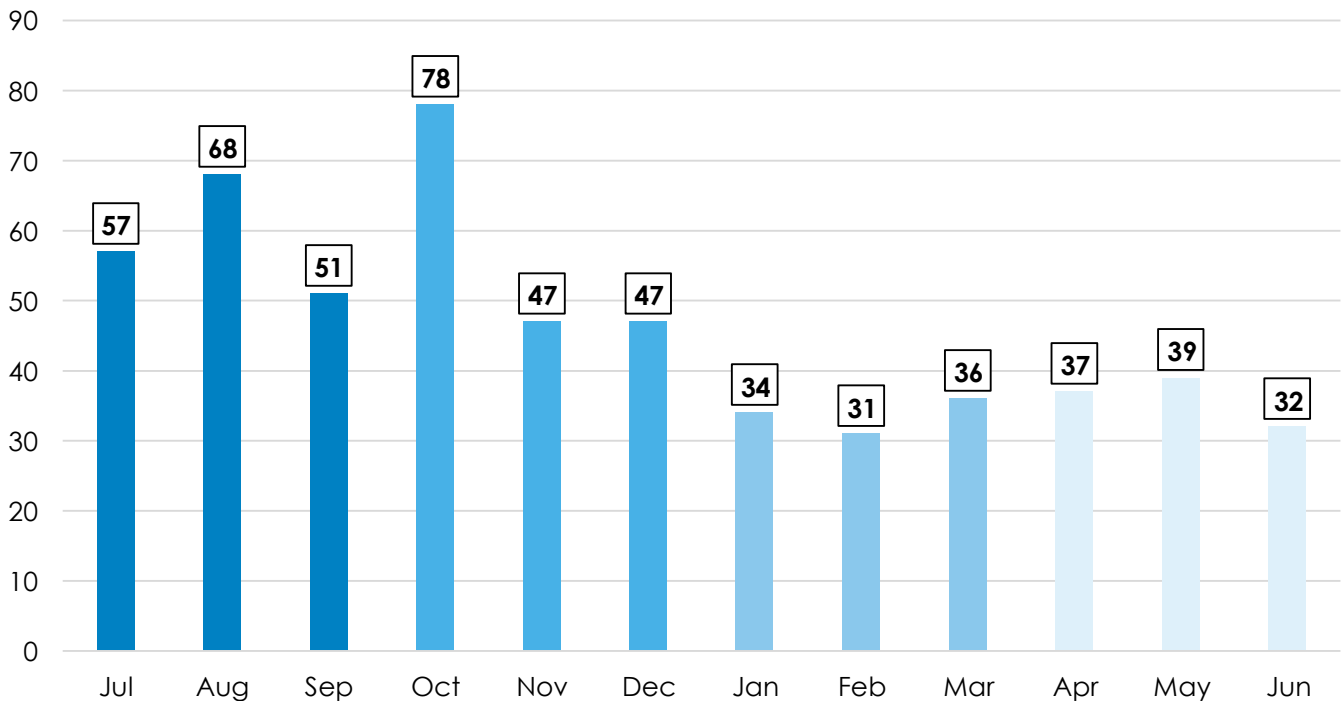


Referrals

New Referrals (Duplicated)	712
# of Referrals Never Opened	32
# of Referrals Enrolled	553
# of Referrals Active	127

Intakes by Month

Between July 1, 2023 and June 30, 2024 the program had 557 intakes. The average number of days between request for intake and intake was 6.6 days (Min = 0 days and Max =132 days).



DEMOGRAPHICS

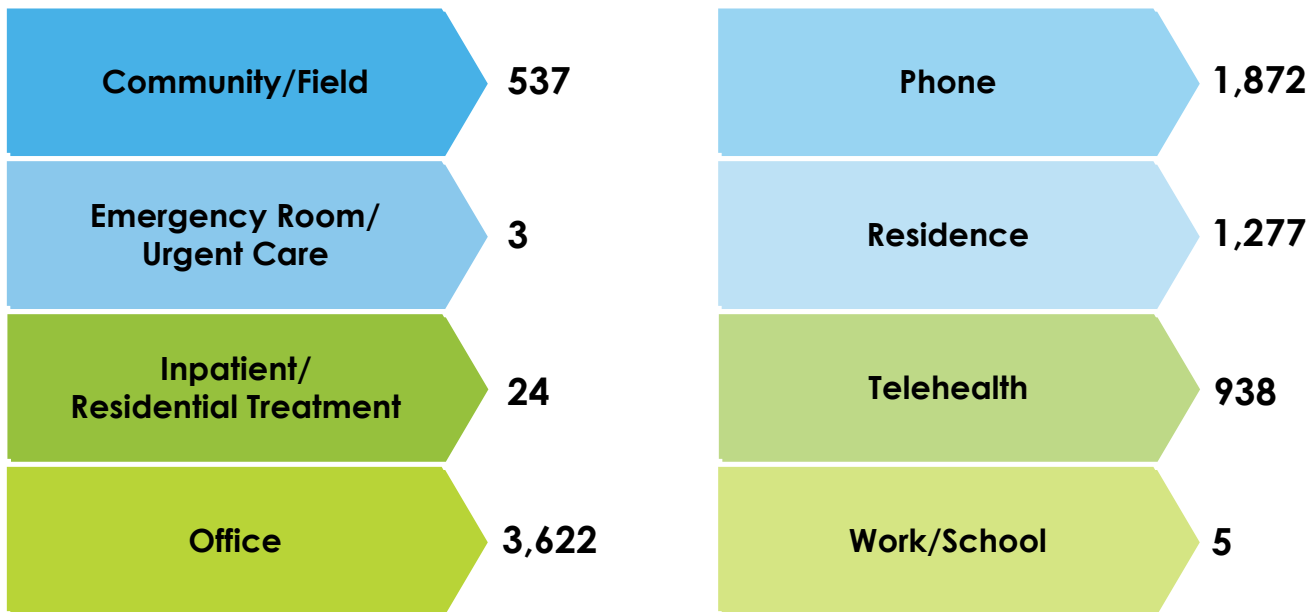
	#
Age Group	
18 – 25 years (TAY)	105
26 – 59 (Adult)	488
60+ (Older Adult)	69
Gender	
Female	274
Male	271
Non-Binary	9
Other	1
Transgender	6
Unknown/Declined	81
Data Not Available	20
Race	
American Indian/Native Alaskan	7
Asian/Pacific Islander	83
Black/African-American	150
Multi-Racial	67
Other Race	75
White/Caucasian	172
Unknown/Declined	94
Data Not Available	14

	#
Ethnicity	
Hispanic or Latino	134
Not Hispanic or Latino	414
Unknown/Declined	100
Data Not Available	14
Primary Language	
American Sign Language	2
Arabic	1
English	573
Farsi	2
French	1
Hmong	4
Korean	1
Mandarin	1
Mien	1
Other Non-English	6
Portuguese	1
Spanish	24
Tagalog	1
Vietnamese	7
Unknown/Declined	27
Data Not Available	10

SERVICES

Services by Location

A total of 8,278 services were provide in various locations. The location with the highest frequency of services was the office (43.8%).



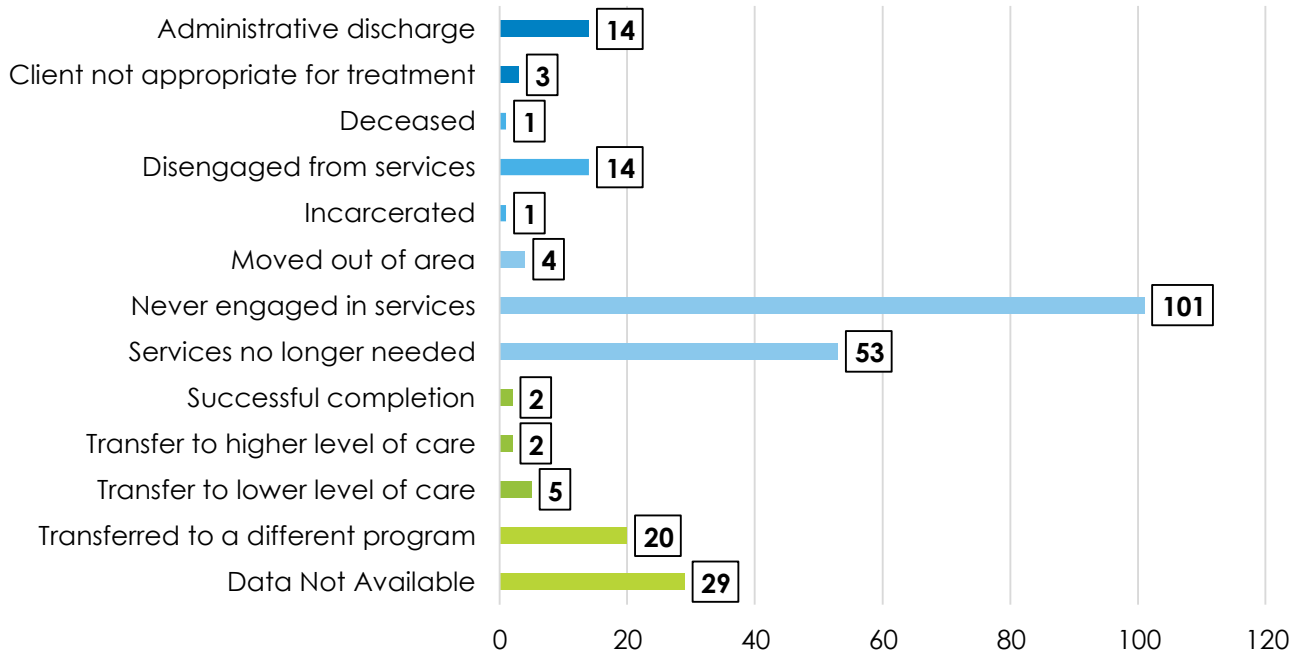
Services by Type

543 individuals received at least one service during the period. A total of 7,781 services were provided. The table below highlights the types of services provided throughout the year.

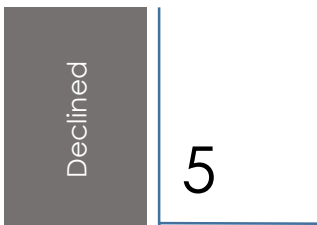
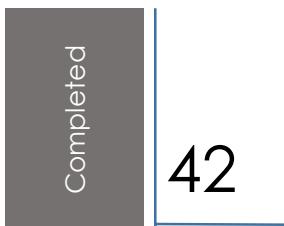
Service Type	# of Clients	# Services
Assessment	407	684
Care Coordination	17	23
Crisis	12	13
Medication Support	333	2,588
Plan Development	124	155
Referral	398	2,255
Rehabilitation	252	1,521
Other Client Supports	23	26
Supplemental services	0	0
Therapy	53	516

DISCHARGES

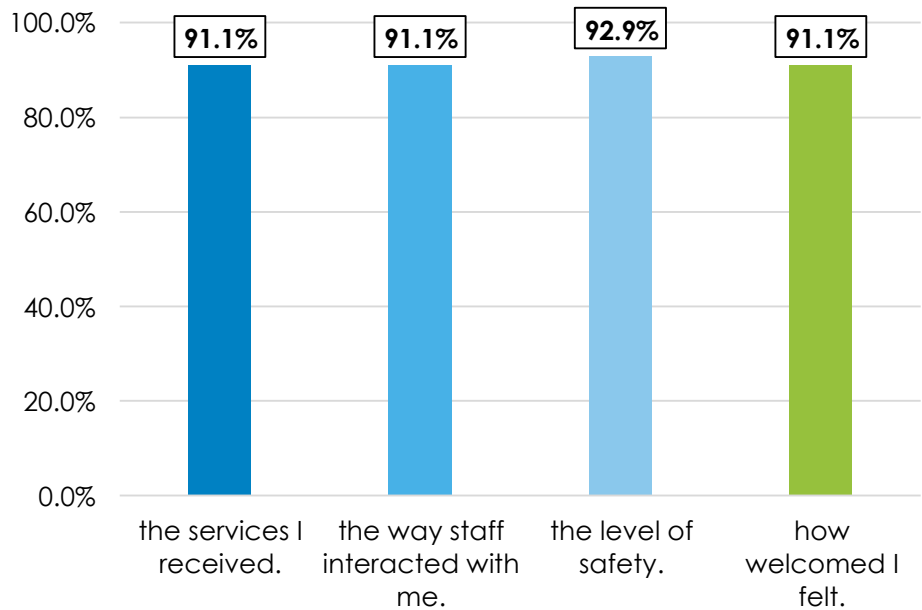
A total of 249 discharges occurred during the reporting period. 206 clients were discharged for neutral or unknown reasons. Of the remaining clients, **50.0%** (7 of 14) were discharged for successful reasons.



CLIENT SATISFACTION



I am satisfied with...



Overall Satisfaction Rate 91.5%

This report was developed and distributed by
Turning Point Community Program's
Outcomes & Evaluation Department



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