



Abiding Hope Respite House

ANNUAL REPORT

July 2023 – June 2024

WHAT WE DO

ABIDING HOPE is a 7-to-14-day respite facility for individuals 18 years of age and older with psychiatric disability. We provide a short-term alternative to an emergency department visit, or acute hospitalization for persons experiencing overwhelming stress, which can be alleviated with a brief respite stay. Abiding Hope Respite House is a coed facility that houses a maximum of five clients each day. Referrals may come from emergency rooms, law enforcement, outpatient case managers and shelters.

SERVICES PROVIDED

WE PROVIDE CLIENT-CENTERED RECOVERY SERVICE IN A WELCOMING HOME-LIKE ENVIRONMENT. THESE INCLUDE:



Resource linkage, including regular check-ins to discuss goals and distribute appropriate materials



Care management to coordinate care and reduce emergency room visits



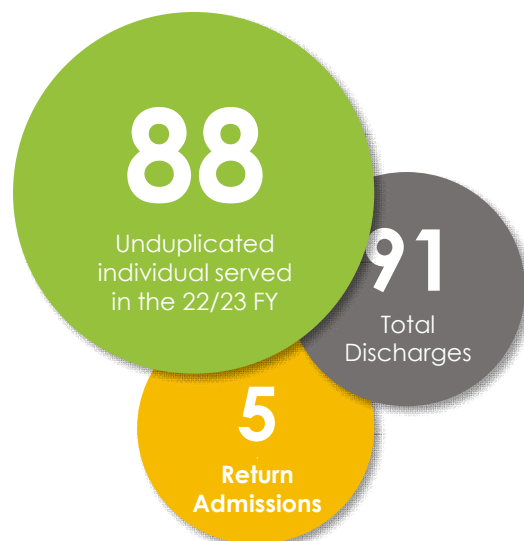
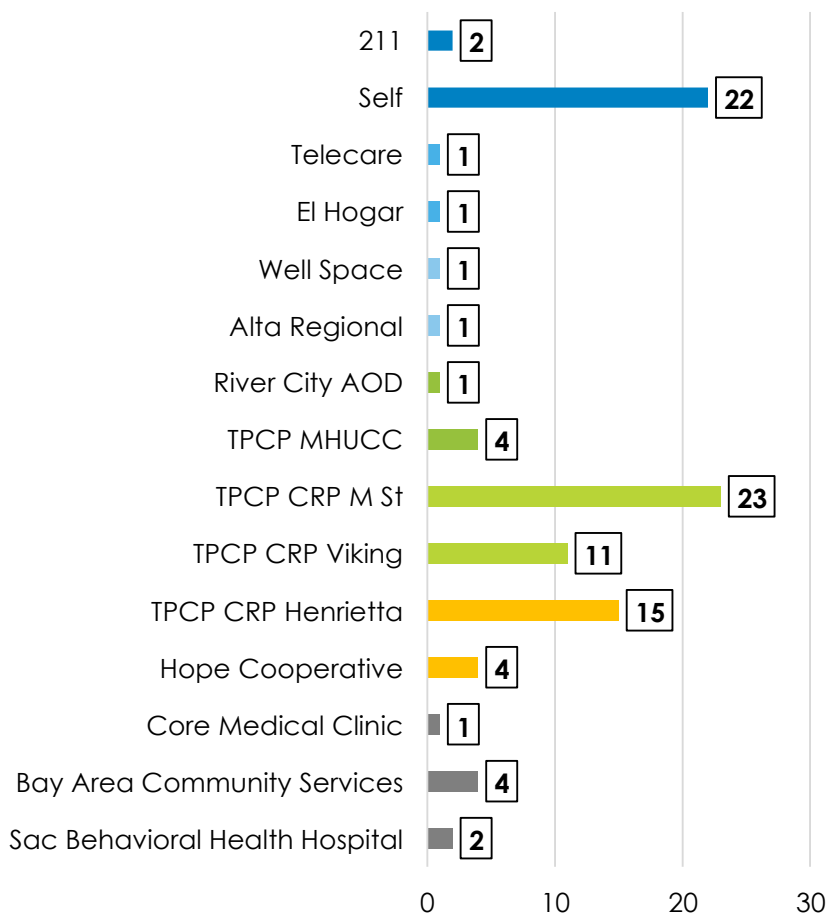
Onsite life skills groups to promote positive socialization and healthy coping skills



Transportation to appointments, meetings and other resources

REFERRALS

Referrals by Source



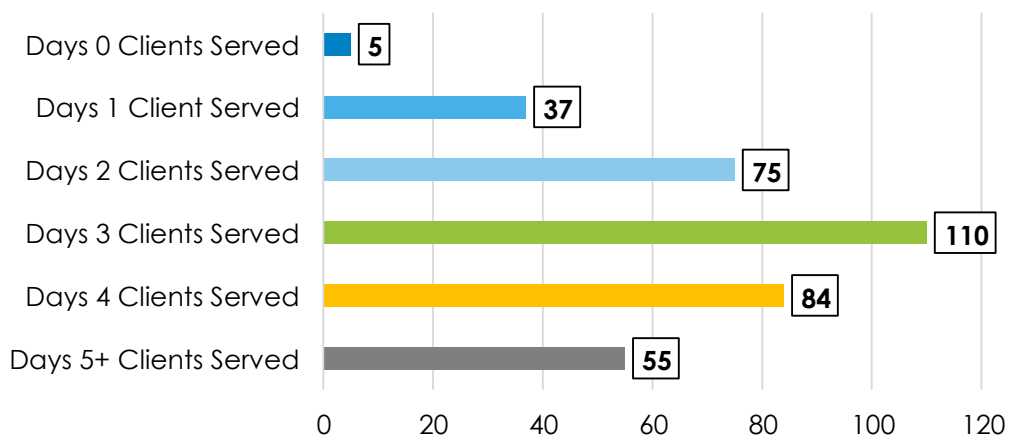
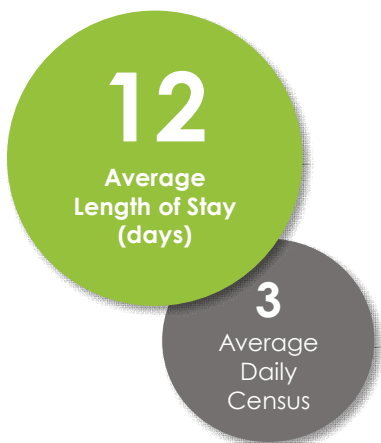
DEMOGRAPHICS

All demographics below include all unduplicated admitted clients (N=88).

	#
Age Group	
18 – 25 years (TAY)	2
26 – 59 (Adult)	79
60+ (Older Adult)	7
Gender	
Female	41
Male	47
Sexual Orientation	
Bisexual	4
Gay/Lesbian	4
Heterosexual/Straight	72
Prefer not to answer	2
Data not available/Unknown	6
Primary Language	
English	88
Race	
American Indian/Native Alaskan	3
Asian/Pacific Islander	2
Black/African-American	32
Multi Racial	4
Other Race	8
White/Caucasian	39

	#
Ethnicity	
Cambodian	1
Filipino	1
Hispanic or Latino	11
Japanese	1
Multiethnic	1
Not Hispanic or Latino	64
Data not available/Unknown	9
City of Residence	
Carmichael	1
Chico	1
Elk Grove	1
Sacramento	84
Shingle Springs	1
Primary Diagnosis	
Anxiety Disorders	13
Bipolar and Related Disorders	15
Depressive Disorders	27
Neurodevelopmental Disorders	1
Personality Disorders	1
Schizophrenia Spectrum and Other Psychotic Disorders	14
Trauma and Stressor Related Disorders	7
No Diagnosis	10

SERVICE INTENSITY



DISCHARGE INFORMATION

91
Total Discharges

70
Planned Discharges

21
Unplanned Discharges

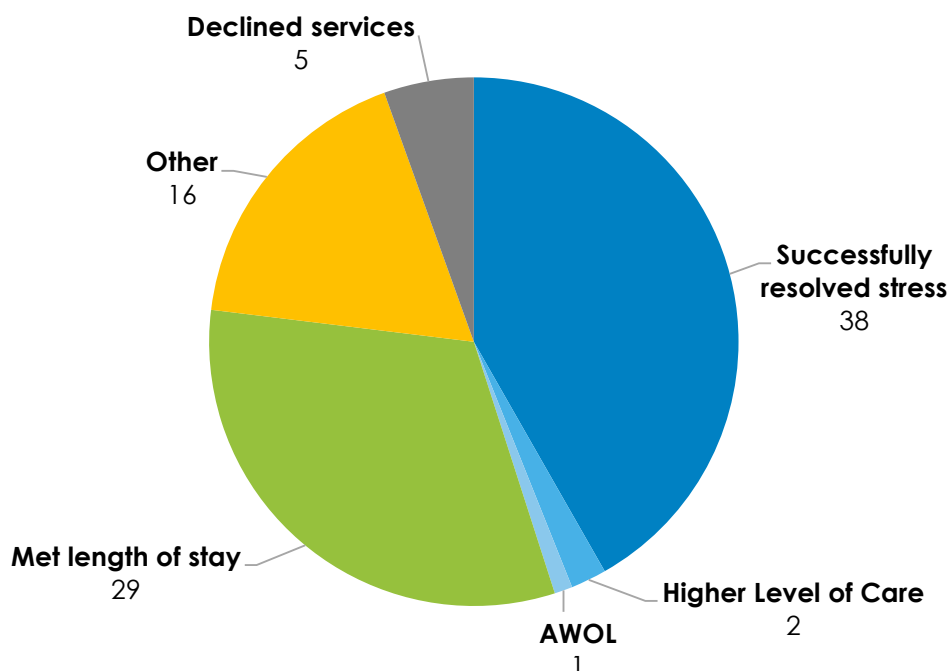
63
Linked to OP

7
Unlinked to OP

17
Linked to OP

4
Unlinked to OP

Discharge Reason






Outpatient Provider at Discharge

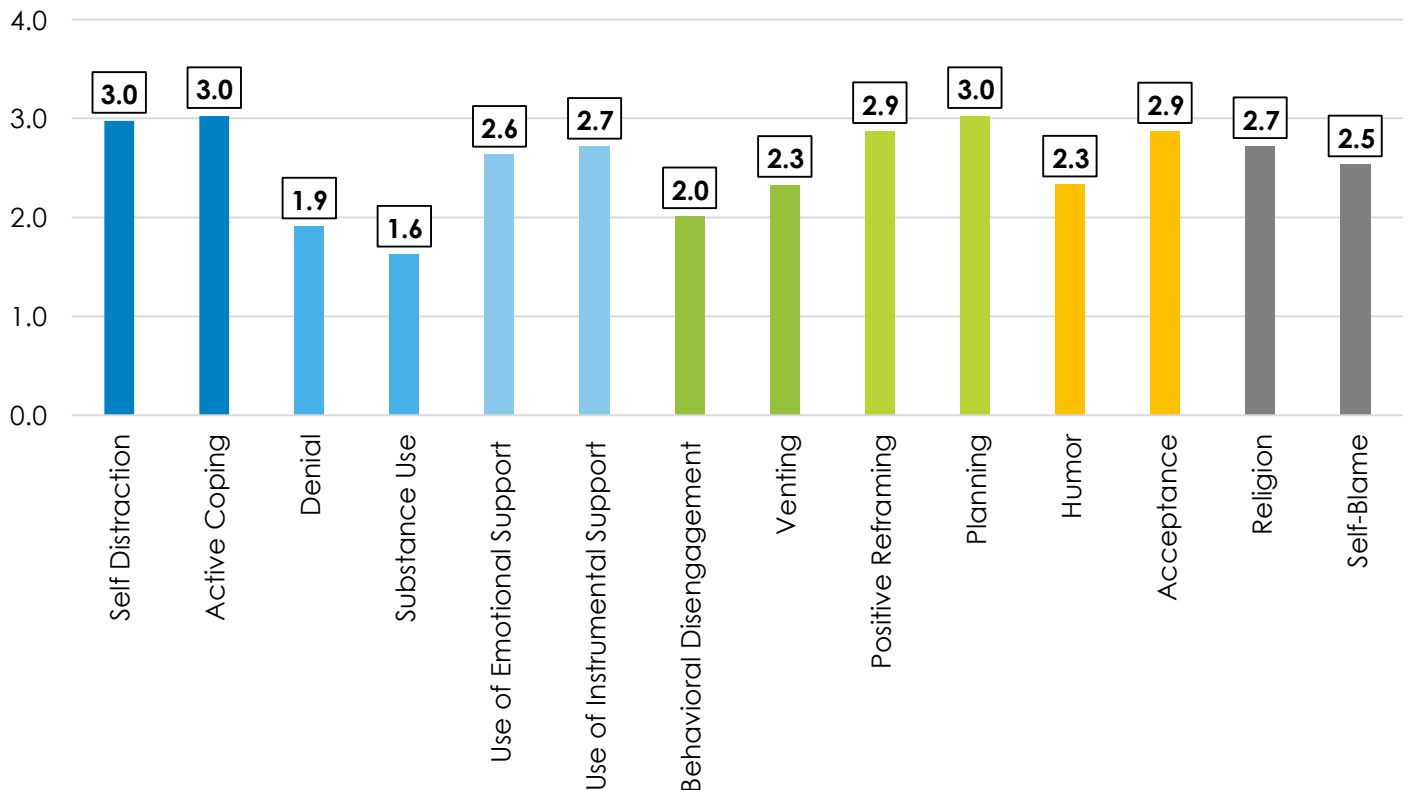
OP at Discharge	#
AOD Residential- Teen Challenge	1
Bay Area Community Services	19
Bridges	2
Dignity Health	1
El Hogar	6
Hope Cooperative	32
Kaiser	1
One Community Health	3
Sacramento Native American Health Center (SNAHC)	2
Telecare	5
Turning Point Community Programs (CORE, Pathways, & TSS)	7
Well Space	1

LIVING SITUATION AT ADMISSION AND DISCHARGE

The housing data below includes all discharges (duplicated) as housing status can fluctuate between admissions.

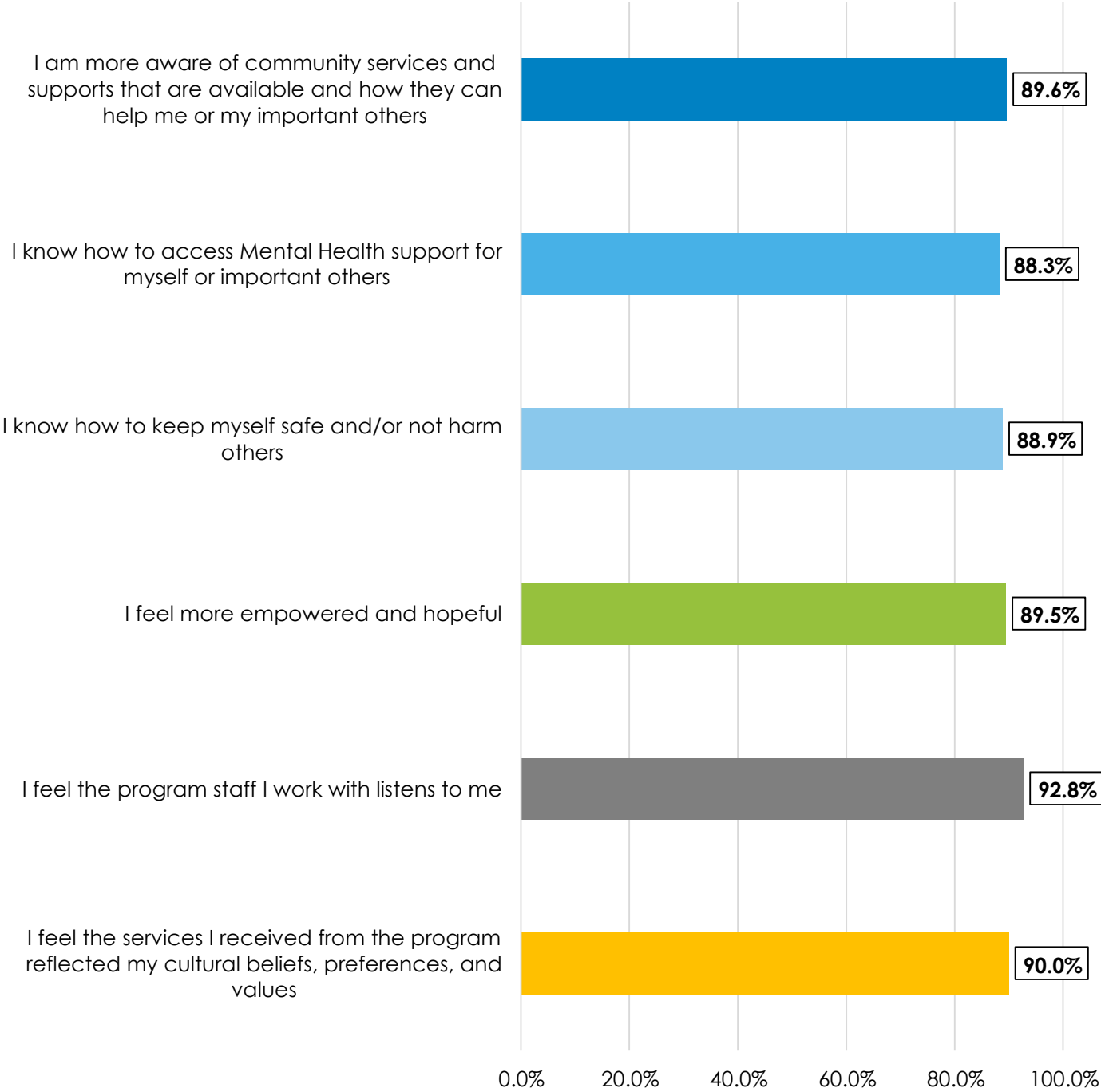
Living Situation at Intake	Living Situation at Discharge	
 <p>81 Homeless</p>	<p>Became Housed: 34</p> <p>Temporarily Housed: 32</p>	<p>Remained Homeless: 5</p> <p>Higher Level of Care: 1</p> <p>Out of County: 1</p> <p>Unknown: 8</p>
 <p>4 Temporarily Housed</p>	<p>Became Housed: 1</p> <p>Remained Temporarily Housed: 3</p>	
 <p>6 Housed</p>	<p>Remained Housed: 5</p> <p>Temporarily Housed: 1</p>	

BRIEF COPE AT ADMISSION



CLIENT SATISFACTION

Of the 91 discharges that occurred within the reporting period, 80 (87.9%) completed a satisfaction survey. The remaining 11 (12.1%) discharges did not complete a survey due to declining to participate. Results for the surveys completed are as follows:



Overall Satisfaction Rate **89.8%**

This report was developed and distributed by
Turning Point Community Program's
Outcomes & Evaluation Department



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